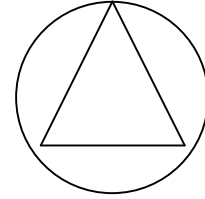


# Mountain Message



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[www.flagstaffaa.org](http://www.flagstaffaa.org) Flagstaff/Northern Arizona Area August/September 2008

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**AA Preamble:** Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

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Step 8: Made a list of all persons we had harmed and became willing to make amends to them all.

Tradition 8:  
Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers

The Eight Tradition reminds me that my AA membership does not automatically make me all-knowledgeable in the field of alcoholism. The Tradition encourages me to keep in touch with my local AA service centers and to learn as much as I can about them. It is an equally good idea, in my opinion, to ask about nearby rehab programs for alcoholics. AA's choice of non-professionalism as its way of life does not mean that we cannot Cooperate with programs that are conducted by professionals. Finally, a really curious sidelight was thrown on the subject by A drinking drunk I was twelfth-stepping. He would not, or could not, get honest with himself and tried to laugh off his powerlessness by clever remarks. "You're an alcoholic" he said once, "but me – I am a professional drunk." What price professionalism.

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The **Remote Communities Committee** is in need of volunteers to help support meetings in remote areas of our county, including reservation areas. We are in specific need of Native American volunteers. If interested, pleas contact Kyle H., DCM, at 714-0450.

**"Bridging the Gap"** is a temporary contact program for transitioning the alcoholic from a jail, prison, treatment center, or other institution into a daily life of sobriety. If you are in need of this program or would wish to volunteer for this type of 12<sup>th</sup> step work, call the Flag Central Office at 928-773-1080 or the "bridging the Gap" Hotline at 928-600-4241

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## Intergroup Update

The intergroup meeting every 2<sup>nd</sup> Monday at the Alano Club, 2102 E. 3<sup>rd</sup> Avenue in the Sunnyside neighborhood of east Flagstaff. At the May meeting, Betty gave a report of call forwarding. We have good coverage, but can always use more volunteers to take calls. If you wish to do 12<sup>th</sup> step work keeping the central office open, call 773-1080. If your group needs chips or literature, come in and visit. More details can be found at the AA website. The website can be found at [www.flagstaffaa.org](http://www.flagstaffaa.org). If you have an article or item of interest for the Mountain Message, you can email [newsletter@flagstaffaa.org](mailto:newsletter@flagstaffaa.org) or mail your ideas to Flagstaff Intergroup, P.O. Box 31205, Flagstaff, Az. 86004.

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## District Update

District 03-301 Updates: The Arizona State Convention is right around the corner! It is going to be Labor Day Weekend in Phoenix. See [www.area03.org](http://www.area03.org) for registration information. GSR's are needed to attend the District meetings. GSR attendance at the District meetings has been steady, but most of the groups in the district have not been represented. To find out more about General Service and to get representation, please contact Kyle H., DCM, at 928-607-6639. Kyle is happy to talk to your group about being connected to AA as a Whole through the GSR, how AA works through the service structure, AA and Money, Traditions and Concepts of Service or whatever else your group would like more information about. As your DCM, Kyle is a trusted servant and is available to be of assistance throughout the district as needed. The district maintains several pages on the Flagstaff AA website. Go to [flagstaffaa.org](http://flagstaffaa.org) and click on District 03-301. There you will find fliers for assemblies and other general service events, agendas for the district meetings, the DCM report, Financial reports and coming soon...GSR reports.

District 03-301 Announcements: Open positions: Secretary, DCMC, Grapevine coordinator, CPC Coordinator. Suggested sobriety requirement is 2 years and the desire to serve. If you haven't been sober for that length of time, but your sponsor thinks it is a good idea, let us know that too! We are looking for willing people to serve AA in the greater Flagstaff area. The Fall Service workshop is coming soon. Mark October 11th on your calendar for a great workshop about Sponsorship. Fun, food and fellowship! Fliers will be coming out soon.

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**Upcoming Event:** Aug. 15-17, Payson, Arizona, 16<sup>th</sup> Serenity Under the Rim. Contact [www.paysonaa.org](http://www.paysonaa.org). Sept. 26-28, Page, Az. Serenity by the Lake, 2008. Contact Pat or Frank (928) 353-4323 or [www.pageaa.org](http://www.pageaa.org).

Central Office phone number is (928) 773-1080 and new business hours are: SUNDAY, TUESDAY, WEDNESDAY from 11 a.m. to 2 p.m., THURSDAY from 4 p.m. to 7 p.m. and FRIDAY 11 a.m. to 2 p.m. & 4 p.m. to 7 p.m. The office is located at 2102 E. Third Avenue between Main St. and First St. in East Flagstaff.

# Birthdays!

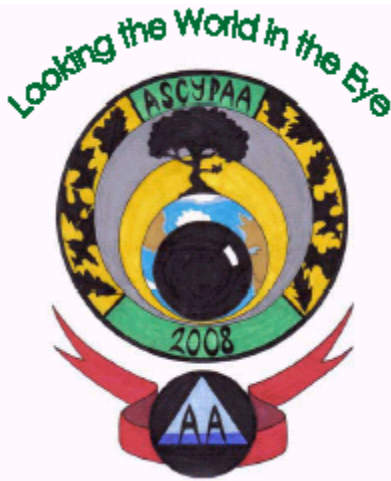
Anne H. – 8/1/1978 Armando P. – 9/25/1973

Krissy H. – 8/16/2004 Betty – 9/15/1988

Kathy C. – 08/05/1984 Christina F. – 8/16/1993

Roger D. – 9/18/1992 Ray H. – 8/13/98

Chuck C. – 8/30/1987



**Ascypaa** Arizona State Conference of Young People in Alcoholics Anonymous is having their conference Sept. 12<sup>th</sup>-14<sup>th</sup> at Mormon Lake Lodge. You can camp out or stay at the lodge.

Register on line at [ASCYPAA.ORG](http://ASCYPAA.ORG) or use the registration form below. Register to stay at Mormon Lake Lodge separately by calling 928-354-2227 or on line at [www.mormonlakelodge.com](http://www.mormonlakelodge.com). Questions – call Alissa at 928-853-3070, Roy at 928-310-6091 or Graciela at 928-213-5838

✂ Detach here and mail w/check to address below

REGISTRATION FORM

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

AA ALANON ALATRON OTHER  
ALANON (ALCOHOLICS ANONYMOUS)

SEX: \_\_\_\_\_

YES NO YES NO YES NO  
 WOULD YOU VOLUNTEER? CELEBRATE BIRTHDAY? BIRTHDAY OBSERVANCE?

WORKING, STUDENT / OTHER OCCUPATION (PLEASE PRINT) \_\_\_\_\_

REGISTRANTS x \$15 = \$ \_\_\_\_\_ QTY TOTAL PRICE

SPONSORSHIPS x \$15 = \$ \_\_\_\_\_ QTY TOTAL PRICE

SHORT SLEEVE T-SHIRT x \$12 = \$ \_\_\_\_\_ QTY TOTAL PRICE

LONG SLEEVE SHIRT x \$18 = \$ \_\_\_\_\_ QTY TOTAL PRICE

TRAVEL MUG x \$10 = \$ \_\_\_\_\_ QTY TOTAL PRICE

TOTAL AMOUNT DUE \$ \_\_\_\_\_

MAKE CHECK PAYABLE AND MAIL TO:  
**ASCYPAA**  
 P.O. BOX 45  
 FLAGSTAFF, AZ 86002

**2008 Arizona State Convention** “Sobriety’s Great in 2008!” The Arizona State Convention of Alcoholics Anonymous will be Aug. 29<sup>th</sup> – 31<sup>st</sup>. It will be at the Sheraton Crescent Hotel at I-17 and Dunlap in Phoenix. For a room at the hotel call 602-943-8200 or 800-325-3535 or on line at [www.starwoodmeeting.com/Book/AZStateConvention08](http://www.starwoodmeeting.com/Book/AZStateConvention08).

18<sup>th</sup> Annual National/International Native American Alcoholics Anonymous Convention Sept. 25-28, 2008. Radisson Hotel, Albuquerque, NM. This is an AA convention. All AA members are welcome. For information visit the website [www.nai-aa.com](http://www.nai-aa.com) .



*Check out the new and improved Flagstaff AA Website!!*

Go to [www.flagstaffaa.org](http://www.flagstaffaa.org) !

Prime Time Live hosts a Monthly Potluck/Speaker Meeting the last Saturday of each month at the Alano Club. Potluck starts at 7 pm and the meeting is at 8 pm. Please call Ray H. at 607-6569 or Kyle H. at 607-6639 for more information.

The Wednesday Night Women's Solutions group meets every Wednesday night at the Alano club at 7:30pm. Please come and share your sobriety!

Shoshone Point Potluck-Picnic, Aug. 3, Grand Canyon National Park. Contact Kyle Y. at [kylesworld@yahoo.com](mailto:kylesworld@yahoo.com) .

### **Don't forget to exchange your used books for AA books**

Donate any books you have – fiction, non-fiction, technical, spiritual, hardback or paperback. They will generate credit for us to be able to trade for Big Books and 12 X 12's at a local bookstore. These Big Books are taken to the county jail. A donation box will be placed at the central office where you may leave your books. Nancy H. will pick them up monthly.

### **Service Opportunities**

Carry the message to the county jail. Call Susan B. at 928-635-4449

People are needed to answer the A.A. phone hotline. This can be done from home or where ever with a cell phone. We are getting more 12 step calls when an alcoholic is answering the phone. Although the answering service does a great job of giving out meeting information, nothing is like one alcoholic talking to another. This is a great way

to do service. You can do this from a cell phone or a home phone.  
Call Betty at 928-774-2402.

**Flagstaff Intergroup sponsors and publishes this Newsletter each month, issues meeting lists and maintains an internet site for the benefit of the local AA community.**

**In Addition:**

- ❖ We are your local source for AA literature
- ❖ We are your source for medallions and tapes
- ❖ We maintain a phone line and answering service
- ❖ We keep an active 12-step call list
- ❖ We help local groups carry the message

If you would like to be part of the Flagstaff Intergroup join us at 6:30 on the second Monday of each month at the Flagstaff Alano Club, 2102 E. 3<sup>rd</sup> Avenue in Sunnyside.

You may contact Intergroup by calling 779-3569 or 773-1080. Or write to

**Flagstaff Intergroup  
P.O. Box 31205  
Flagstaff, AZ. 86003**

“Destinations”

That first step is very important, whether it is the first step of a beloved child learning to walk-or the First Step taken by a man on his way to a new life. Looking into my little one’s faces, I can see the same qualities we need for the Twelve Steps of AA: daring, to stake everything on the attempt; a sense of direction to be followed with no swerving, no detour; decision, to move forward without hesitation or reservation; determination to make it all the way. Destination: a full life, a free life, a serene life  
Reprinted from pg. 93, Came To Believe, A.A. World Services, Inc.

A bit of AA History - The 7:30 pm Central Group at the Epiphany Church was listed in the 1973 directory and is still going. – Brian T.



*God, Grant me the serenity  
To accept the things I cannot change  
Courage to change the things I can  
And wisdom to know the difference.*