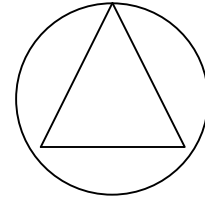


Mountain Message



www.flagstaffaa.org

Flagstaff/Northern Arizona Area June/July 2008

AA Preamble: Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

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Step 6: Were entirely ready to have God remove all these defects of character.

Tradition 6: An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise lest problems of money, property and prestige divert us from our primary purpose.

So Step Six – “Were entirely ready to have God remove all these defects of character” – is A.A.’s way of stating the best possible attitude one can take in order to make a beginning on this lifetime job. This does not mean that we expect all our character defects to be lifted out of us as the drive to drink was. A few of them may be, but with most of them we shall have to be content with patient improvement. The key words “entirely ready” underline the fact that we want to aim at the very best we know or can learn. How many of us have this degree of readiness? In an absolute sense practically nobody has it. The best we can do, with all honesty that we can summon, is to try to have it. Even then the best of us will discover to our dismay that there is always a sticking point, a point at which we say, “No, I can’t give this up yet.” And we shall often tread on more dangerous ground when we cry, “This I will never give up!” Such is the power of our instincts to over-reach themselves. No matter how far we have progressed, desires will always be

found which oppose the grace of God. Reprinted from pp. 65-66, Twelve Steps and Twelve Traditions, World Services, Inc.

The **Remote Communities Committee** is in need of volunteers to help support meetings in remote areas of our county, including reservation areas. We are in specific need of Native American volunteers. If interested, please contact Kyle H., DCM, at 714-0450.

Intergroup Update

The intergroup meeting every 2nd Monday at the Alano Club, 2102 E. 3rd Avenue in the Sunnyside neighborhood of east Flagstaff. At the May meeting, Betty gave a report of call forwarding. We have good coverage, but can always use more volunteers to take calls. The Central Office is being covered for all listed hours. If you group needs chips or literature, come in and visit. More details can be found at the AA website. The website can be found at www.flagstaffaa.org. If you have an article or item of interest for the Mountain Message, you can email newsletter@flagstaffaa.org or mail your ideas to Flagstaff Intergroup, P.O. Box 31205, Flagstaff, Az. 8600

District Update

Are you looking for a new service commitment? District 03-301 is looking for people who are interested in getting involved in general service! We have openings for Secretary, DCMC, Grapevine Coordinator and CPC (Cooperation with the Professional Community) Coordinator. If you are interested in learning more about this, please contact Kyle, DCM at 607-6639 or 714-0450. Minutes from the district meetings, DCM report, treasurers report and other District and Area information can be found at www.flagstaffaa.org by clicking on the District 03-301 link. All home groups are encouraged to elect a GSR to represent them at the District and Area levels. GSR's are the vital link between the groups and AA as a whole. Please contact Kyle if you or your group would like to get more information about this vital service position.

Upcomming Events: Founders day picnic June 14, noon at Bushmaster Park. Kaibab Lake roundup, Williams AZ. June 27th – 29th.

Central Office phone number is (928) 773-1080 and new business hours are: SUNDAY, TUESDAY, WEDNESDAY from 11 a.m. to 2 p.m., THURSDAY from 4 p.m. to 7 p.m. and FRIDAY 11 a.m. to 2 p.m. & 4 p.m. to 7 p.m. The office is located at 2102 E. Third Avenue between Main St. and First St. in East Flagstaff.

Birthdays!

Corey H. 07-05-03

Geoff G. 06-04-07



A.A. Softball is happening!!! Every Sunday
noon, Foxglenn park Come out and have fun!

Kaibab Lake Roundup – Williams Az, June 27th -29th. Camping, speaker meetings, campfire meetings, Saturday Night BBQ, Hiking, Biking and Fishing.

Admission \$15 includes camping in group area and BBQ. RV and Individual Campsites extra. Contact forest service at 928-635-5600 for camping information.

For Round-up information, call Corey at 928-607-0629

Exchanging Used Books for AA Books

In an effort to obtain AA literature for the women inmates at the Coconino County Jail, a number of us AA's have collaborated to form a program we call "**The Book Exchange Program**". Donate any books you have – fiction, non-fiction, technical, spiritual, hardback or paperback. They will generate credit for us to be able to trade for Big Books and 12 X 12's at a local bookstore. A donation box will be placed at the central office where you may leave your books. Nancy H. will pick them up monthly.

In this manner we will be able to keep the Flagstaff Jail stocked with Big Books and Twelve by Twelve's so that each team member on the 12-Step Study will have a book. The 12-Step Study is held at the jail on the 2nd and 4th Thursdays of the month. A.A. meetings are held weekly on Wednesday and Thursday evenings. Your donated books will help to carry the message! If you have any questions, call me at 928-635-4449. Susan B.

Service Opportunities

Carry the message to the county jail. Call Susan B. at 928-635-4449

People are needed to answer the A.A. phone hotline. This can be done from home or where ever with a cell phone. One alcoholic talking to another!!
Call Betty at 928-774-2402.

New Meeting! – Mondays at 5:00 PM at the Flagstaff Shelter Services, INC., 2237 E. Cedar. For information contact Todd Sherman, 928-225-2533

The Prime Time Live Group invites you to the Monthly Potluck/Speaker Meeting that is held the Last Saturday of each month at the Flagstaff Alano club. Potluck starts at 7pm, Speaker is at 8pm. Bring a dish to share!

Call Kyle at 607-6639 or Ray at 607-6569 for more information

Flagstaff Intergroup sponsors and publishes this Newsletter each month, issues meeting lists and maintains an internet site for the benefit of the local AA community.

In Addition:

- ❖ We are your local source for AA literature
- ❖ We are your source for medallions and tapes
- ❖ We maintain a phone line and answering service
- ❖ We keep an active 12-step call list
- ❖ We help local groups carry the message

If you would like to be part of the Flagstaff Intergroup join us at 6:30 on the second Monday of each month at the Flagstaff Alano Club, 2102 E. 3rd Avenue in Sunnyside.

You may contact Intergroup by calling 779-3569 or 773-1080. Or write to

**Flagstaff Intergroup
P.O. Box 31205
Flagstaff, AZ. 86003**

“Keep an Open Heart”

Prior to this gift of insight I had not known my heart was closed. Now I knew - because it was opened. I could now ask and receive help, and I hoped that some day I would have something to give. I felt free and light and good. I would no longer block out love if I kept my heart open. The next evening, I went to an AA meeting with an open heart and a desire to be sober - life's two greatest and valuable gifts to me. I became part of that miraculous stream of living known as the fellowship of A.A. Reprinted from pg. 50, Came To Believe, A.A. World Services, Inc.

A bit of AA History - From 1946 to 1955, there was only one A.A. meeting in Flagstaff. By 1973, there were five groups listed. More next issue. - Brian T.



*God, Grant me the serenity
To accept the things I cannot change
Courage to change the things I can
And wisdom to know the difference.*